

**Position:** Cheer Coach Varsity Assistant - Fall/Winter Season

**General Description:** We are looking to add another coach to our staff specifically to work with our varsity competition team! Our Varsity Competition team competes locally and as well works towards a bid to Quest Nationals in Orlando, FL. Lakeville Cheerleading strives to create a positive, safe and fun environment for student athletes to grow mentally and physically. This position will work under the direction of a head coach. Our current coaching staff are very passionate about working together to improve and grow the program as a whole!

**This is a year round position:** May 13th - March 17th (There will be breaks on, school breaks, Holidays and busier weekends - full list off days off given during interview)

**Season Schedule:**

Days/Dates: Tuesdays/Thursdays

Practice will run for 2 hours (evening time frame)

Competitions are generally on Saturdays (about 7-10 total throughout the season)

**Season Goals:**

- Prepare athletes for the current & college level by making sure proper technique is being taught and drilled for each skill
- Creative a positive, encouraging environment where athletes feel welcome and a part of a family of cheerleaders
- Keeping all athletes safe by working at proper progression and having spots as needed
- Set and implement program wide practice expectations for being a student athlete in Lakeville Cheerleading.

**Job Qualifications:**

- Cheerleading experience in either High School Cheer (competitive) or College is a must
  - Must have a solid understanding of crowd leading skills such as proper motion placements, general body positions, use of props (signs/poms/megs), and voices
  - Experience in basic tumbling and stunting is a must
    - Experience in higher level stunting skills is preferred such as spinning/Inversion skills (training opportunities will be available)
    - Experience in spotting handsprings and beyond is preferred but not required
- Strong communication skills required
- Good time management a must
- Coaches must also be available to respond to questions in a timely manner
- Must be high energy, enjoy working with high school aged students

## **Job Responsibilities:**

- Assist in leading and attending all practices and required events while arriving at least 20-30 minutes early to to help with mat set up/check ins/prep class (make sure space is practice ready)
- Communicate with parents as needed (in coordination with Head Coach)
- Building relationships with athletes and parents
- Representing the program in a professional & respectful manner at all times
  - Coaching staff, athletes, parents, community members, district staff, etc.
- Strong communication throughout the season in all areas
- Providing constructive feedback to athletes during practices
- Following safety and progression for all skills
  - Proper spots for new skills
  - Ensuring basics are solid before increasing difficulty
  - Enforcing technique
- Holding athletes accountable for program standards and expectations
  - Following through as needed with coaches, parents, CE etc.
- Ensure Memberships are up to date (Fees paid through Comm. Ed)
- Educating as needed for skills that are new to you/skills you have not done before (this is for all of us, not just new coaches!)
  - Example: Asking what are the grips, what are the progressions etc.
- Asking for help when needed

Wage: Stipend for Competition Season